



Ruth's House is a community driven 501c3 non-profit organization.

Our purpose is to assist in the interruption of the cycle of domestic violence, to educate the community about domestic violence and all it encompasses, and to provide family members engaged in domestic violence with alternative options for overcoming.



Beaufort County, NC

Teen Dating Abuse

Seek HELP. Find HOPE. Reach SAFETY.

24 Hour Crisis Line
252-940-0007

PO Box 2843,
Washington, NC 27889



TEEN DATING ABUSE

What is it?

A pattern of behaviors used by one partner to maintain power and control over another partner in a romantic relationship

The behavior may occur during or after the relationship has ended and can take place in person, online, or through technology

Why Should I Care?

1 in 3 teens and young adults will experience dating abuse

Over 1/2 of individuals who have been abused or stalked by a dating partner, first experienced abuse between the ages of 11 and 24

LGBTQIA2S+ youth experience dating abuse at a much higher rate

Only 1/3 of the teens who were involved in an abusive relationship confided in someone about the violence

What Are Some Warning Signs?

Checking your phone, email or social media accounts without permission

Explosive outbursts, temper, or mood swings/any form or physical harm

Preventing or discouraging you from spending time with friends or family

Pressuring you or forcing you to engage in anything you are uncomfortable with

Showing extreme jealousy of your friends or time spent away from them

Insulting, demeaning, or shaming you, especially in front of other people

If you are experiencing any of these behaviors, while it can be hard to do, telling a supportive friend or trusted adult about what is happening is courageous and an act of self-love

